

**Meeting Minutes
Board of Selectmen**

October 20, 2015

Town of Alstead

The Alstead Board of Selectmen met in open session on Tuesday October 20, 2015 at 6:00 pm at the Municipal Offices. Joel McCarty, Chris Rietmann, and Rock Wilson were present along with twenty residents.

Joel McCarty called the meeting to order at 6:00 pm. He announced it would be recorded. Minutes were approved with corrections.

Michael Potter was a guest speaker tonight. He is from the Cheshire County alternative sentencing program. He is a program director and case manager. He explained the different courts for the different drug and mental health crimes in our area. NH is the leading state for underage drinking. There is 77 billion dollars in lost productivity because of alcohol abuse. There has been an increase in opiate use among the ages of 35-55 years old. They are now seeing the onset of alcohol abuse starting at 9 years old. Studies have shown by the age of twenty-five and under 12-15% are addicted to some kind of drug. Withdrawals from alcohol and sedative abuse are severe and in some cases cause death. Withdrawals from heroin do not cause death just severe pain. Prevention and educating at an earlier age is key to teaching our youth to make smarter choices. He is encouraging communities to get involved. As parents and adults he has asked we guard our prescriptions and lock them up so no one has access to them. He suggested we ask our doctors to reduce the amount of pain medicines per prescription we may need. There is a real need for more funding to provide treatment and prevention centers. There are currently three facilities in the state. In 2016 funding for the Medicaid/ Healthy Families will run out. Cheshire County pays for the treatment for patients without insurance.

Chris Rietmann asked where these people go after they are arrested. Michael answered they go to jail and go through detoxification there. There is not enough room at hospitals to keep these people, unless they are a threat to themselves or others.

Joel has asked Linda to see what prevention programs the school has in place and report back to the selectmen.

Marcello spoke briefly about the changes with the DARE program to help kids make sound decisions.

Marcello gave his proposed budget with changes. The amount of \$6,123.00 for the leased vehicle would be an added line. There is a \$2,000.00 wage increase for the secretary and officer, \$2,700.00 for equipment lease for the computer, taser, and copier. The health insurance, retirement and medicare is pending until we know what the new police chief needs for insurance. The proposed budget shows several decreases. The first is \$3,600.00 the prosecutors program, \$500.00 in software, \$250.00 in postage, \$750.00 in equipment

maintenance and repair, \$600.00 in radio repair, \$250.00 in AC expenses, \$300.00 in publications, and \$500.00 in community policing. Joel reminded them they need to include in their budget each year the vehicle lease.

Marcello recommended the selectmen set a wage scale for wage increases and promotions.

Chris made a motion for someone from the AABC to have permission to review the towns current US cellular data and plans. Rock seconded and motion was passed.

This year the 5 year Cyclical Assessing contract is up for review. All the selectmen agreed it will post a notice on the LGC website and put out for proposal.

Linda informed the selectmen about the hard wires on the floor needs to be addressed. The quote she has received was \$1,000.00. Joel and Chris will come down and access the work.

Chris would like to implement the HR recommendations about hiring a town administrator and put it in the budget as a possible hourly rate. After some discussion it was decided Bob Quaglin would look into an intern. He will contact Antioch and Keene State. Joel suggested the three selectmen will review the HR's manual and prioritize.

Glenn Elsesser asked if he could put the 2007 ford explorer on Munibid. The select board would like more information before selling it.

Joel is working on a mileage program.

Jesse Moore announced Alstead now has a paramedic that join the ambulance squad. Jesse will also make a recommendation for what the town should charge for its ambulance service.

Next week selectmen's meeting will be a brief one. The selectmen decided they would meeting in open session from 6-6:30. They all plan to attend the public hearing at the town hall about Bio solids.

Meeting adjourned at 8:10